

Rebecca Austill-Clausen's January 2021 Newsletter



2021: A Year of Recovery



A new year is upon us - a year of anticipation, hope, and recovery.

Let's use the energy of this new beginning to reassess our priorities. Clarify what makes your heart sing. Go forth and create powerful energetic magic that allows your dreams to flourish.

We can adapt. We can grow. We can succeed!

We struggled mightily in 2020. We know we can succeed individually. Let's work together and create a new world. A world of peace, a season of kindness and heartfelt gentleness.

The mid-winter snows are upon us, yet spring is a few short months away. Instead of allowing yourself to be bogged down in snowy blizzards, allow your spirits to blossom.

A new season is coming. Support your fellow man. Be good to yourself, your family, and your friends.

Arise and go forth into the year with an open heart and a soul ready to support generosity and LOVE.

Share Love. Exchange Love. Be the LOVE that is so very needed in our world.

2021 is our year of recovery and LOVE.

Successful Completion of After-Death Communication Program



My 7-week LIVE *After-Death Communication* course was completed a few short weeks ago. An incredible supportive community was formed. Grief-filled hearts received loving solace. Numerous signs and messages from the afterlife were shared.

I am delighted that 100% of the course survey respondents realize they can receive and share communication with their deceased loved ones. WOW!

Massive appreciation is extended to all the participants and those that supported this empowering course. Thank you so very much. You are all MAGNIFICENT!

I'm excited to present this LIVE online 7-week *After-Death Communication* program again this fall 2021. Stay tuned for further details!

Upcoming Spring *Reiki Immersion Online* Coming Soon!



Reiki, a natural energy healing technique, can be learned in one day!

I have taught thousands of people the benefits of Reiki's self-healing properties. Reiki expands our ability to help clients, family, friends, pets, and even plants flourish. Reiki also facilitates communication with loved ones living in the afterlife.

Mark your calendars to attend my FREE *Reiki Works* webinar on **Saturday, February 13**. Discover the benefits of Reiki!

Registration for one day, 6-hour weekend classes on Reiki Level I, Level II, and even Reiki Master Level III begins February 13.

Reserve these *Reiki Immersion Online* dates for a transformational experience:
Saturday, March 13 ~ Reiki Level I
Sunday, March 14 ~ Reiki Level II
Saturday, March 20 ~ Reiki Master Level III if you have at least 6 months Reiki
experience and attend a 1 to 1 interview with me prior to registration.

Come receive training in this proven biofield energy modality that reduces pain, stress,
and anxiety while increasing a sense of well-being with just a single session of Reiki!

Reiki Immersion Online is approved for 6.0 contact hours by the Pennsylvania
Occupational Therapy Licensure Board.

Expand your communication horizons and learn Reiki!

Reduce Stress and Expand Self Control with 1 to 1 Coaching



Would you like to release stress and learn to successfully meditate? Deep breathing
meditation, combined with mindful intention, can reduce your stress in just 5-10
minutes.

Stress can significantly decrease by exploring nature's healing bounty. Achieve peace and relaxation by spending time in the woods. Discover forest bathing techniques and find healing outside your front door.

Give yourself a New Year's present by signing up for a [FREE 1 to 1 Discovery Coaching Session](#).

Explore your dreams and share your thoughts while receiving loving support that empowers your life.

Share LOVE



Allow yourself to open up your beautiful soul and receive immense rays of LOVE from me to YOU.

Imagine my love showering upon you in golden beams of joy spreading throughout your body, mind, and soul.

Begin this new year of recovery with an open mind filled with LOVE, healing, and warmheartedness always and forever,

Becky



You are receiving this email because you opted in on my website or event.

RebeccaAustillClausen.com

becky@rebeccaustillclausen.com